



Laceration Care Instructions

If your wound has a steri-strip inner bandage on it, then leave the steri-strip in place until your first office visit, and disregard the cleaning instructions below. Keep the strip dry.

It is okay to shower 24 hours after closure of the laceration. You may gently wash the area, do not bathe or soak the area in water. Use mild soap, wash gently, and pat dry.

It's important the peroxide you use is FRESH.

Please apply peroxide to the area twice a day for 15 minutes each time. Soak some cotton or gauze in the fresh peroxide and let the gauze sit on the laceration repair for 15 minutes two times a day. Let the peroxide work on dissolving the external sutures.

Make sure you keep the peroxide out of your eyes.

After cleaning with peroxide, please re-apply a thin glistening layer of antibiotic ointment.

Bacitracin, Neosporin, or triple antibiotic ointment are all acceptable. Always keep the laceration moist with the ointment.

Leave the area open to air unless otherwise instructed.

Sleep with your head elevated on pillows for the first 3-5 days after injury. This will help with the swelling.

After healed, you may apply make-up or sun block as necessary.

Please avoid trauma to the area, because the wound will not be at its full strength for quite some time.