



## Certified Hand Therapists

### ME HAND THERAPY

2755 Hartland Road, Suite 202  
Falls Church, VA 22043  
Phone: 703-884-2408  
Fax: 703-562-6994

### VIRGINIA HOSPITAL CENTER HAND THERAPY

601 South Carlin Springs Road  
Arlington, VA 22204  
Phone: 703-558-6775  
Fax: 703-558-6776

#### ***\*Does not accept the following insurance:***

*Blue Choice HMO, MDIPA/ Optimum Choice, or  
Cigna HMO, Anthem Health Keepers Essential,  
Innovation Health QHP, Aetna Classic, Aetna QHP*

### INOVA PHYSICAL THERAPY

Barbra Almond, M.ED., OTR/L, CHT  
6201 Centreville Rd.  
Suite 500  
Centreville, VA 20121  
Phone: 703-263-2095  
Fax: 703-263-2098

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### FOR COMPRESSION GARMENTS

#### **Foer's Compression Therapy**

<http://foerspharmacy.com>  
818 18<sup>th</sup> Street NW  
Washington, DC 20006  
Phone: 202-755-4400  
Fax: 202-965-2443

#### **NRH Regional Rehab at Ballston**

<http://www.nrhrehab.org>  
4040 North Fairfax Drive, Suite 120  
Arlington, VA 22203  
Phone: 703-292-4060  
Fax: 703-292-4066

### HAND AND UPPER EXTREMITY REHAB

<http://www.handrehab.us/>

#### **Fairfax**

10560 Main St  
Suite 417  
Fairfax, VA 22030  
Phone: 703-717-5667  
Fax: 703-986-3108

#### **\* Location also in Gainesville**

### NORTHERN VIRGINIA HAND THERAPY CENTER

<http://Novahandtherapy.com>  
20925 Professional Plaza, Suite 300  
Ashburn, VA 20147  
Phone: 703-544-7171  
Fax: 703-997-4450

### ALLIANCE PHYSICAL THERAPY

<http://Alliancephysicaltherapyva.com>  
8316 Arlington Blvd. #600  
Fairfax, VA 22031  
Phone: 703-205-1919  
Fax: 703-205-1977

\*many locations available

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### WASHINGTON, DC

#### **Jeter Rehab Therapy**

Emily Jeter, OTR/L, MSPT, CHT, Inc.  
1900 L Street NW  
Suite 607  
Washington: DC 20036  
Phone: (202) 528-7223

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If these are not convenient for you,  
you may also go online to:  
<http://www.htcc.org/find-a-cht>  
to find a certified hand therapist near you.

Me Hand Therapy is owned by the physician practice. Your physical therapy referral does not restrict you to therapy services in our facility. Instead, you may elect to receive care at an alternative therapy clinic of your choice. Choosing an alternative therapy provider and location has no bearing on the quality of medical care that you receive from this practice.

**Please call the office if you would like to report an issue or error on this sheet.**  
**Feedback is appreciated.** Last Updated 6/2018